



Sharon Kay Breen Coghlan

May 9, 1942 - August 3, 2025

Born in Butte, Montana, Sharon often reminisced about the places she lived, family, friends, church, ice skating, and parades she experienced there. She was the first in her family to attend college at the Montana School of Mines in Butte and completed her Bachelor's in English Literature at San Jose State College in California. Oak Ridge, Tennessee was where she spent the majority of her life, and it was where she felt most at home. Over the course of her life, she worked as a florist, media center coordinator for a school district, a Welcome Wagon hostess, church cook, office support roles at a medical office and medical insurance firm, and retired recently from her data support role at the Mt. Juliet Senior Center. It was her work at Keystone Adult Day Program where she found her true calling.

Sharon was always active in community organizations and clubs; playing cards with friends; and an active member of the United Methodist Church since her teenage years, most recently at Grace United Methodist Church in Mt. Juliet, Tennessee. She was a gourmet cook, and loved to bake and share bread and cookies with friends during holidays. An avid reader, she delighted in matching books to people's interests, and was serving as the Librarian at Rutland Place for Senior Living. She loved music, crafting, and learning about other cultures and welcoming newcomers to her communities. She took up china painting later in life, and her work was beautiful.

Her daughters, Laura and Rebecca, cherish how she nurtured their creativity, supported new passions, and modeled a tireless work ethic. She never

missed a recital, performance, or graduation—and she always had a song lyric ready to capture any moment.

She adored her grandchildren, Kathryn and Gage, and was very proud of them. Grandma's house was a place filled with memories of reading cherished children's books, Saturday pancakes, and it was okay to make a mess exploring their artistry with glitter, crafts, painting, or legos.

Sharon passed on August 3rd after a long and fierce fight with cancer. Her passing happened where she wanted to be and surrounded by her children and grandchildren. She is now free from pain and at peace.

Sharon is preceded in death by her mother and daddy, Charlotte Goneau and Harry Breen; And older siblings, Charles (Bud) Breen, Laurence (Larry) Breen, and Barbara McAuley.

She is survived by her children, Laura (Kelly) Coghlan and Rebecca (David) Blencoe; grandchildren, Kathryn Farris and Gage Farris; nieces and nephews; and many dear friends whose lives she touched.

If you would like to make a donation of remembrance of Sharon, please consider:

Keystone Adult Day Program of Oak Ridge, TN through their website: <https://www.keystonetn.org>

Rutland Place for Senior Living's Senior Living Ministries program to support seniors in need. You may make a donation by check to Senior Living Ministries, and note in the memo line, "in memory of Sharon" or Mt. Juliet Senior Center by calling (615) 758-9114.

You are invited to join a celebration of the life of Sharon Kay Breen Coghlan
(5/9/42 - 8/3/25)

Sunday, August 10, 2025 at 2:30 (Central time)

435 NW Rutland Rd

Mt. Juliet, TN 37122

Previous Events

Celebration of Life

AUG 10. 2:30 AM (CT)

Rutland Place
435 NW Rutland Road
Mount Juliet, TN 37122

Tribute Wall

DC

“ I enjoyed having book club, playing cards and just visiting with Sharon. She was one of the smartest, most talented and hard-working ladies I know. Our time as friends was short, but knowing her has been such a blessing. I will miss her greatly!

Dianne Cozart - August 14, 2025 at 11:30 PM

RS

“ I will miss you, your smile! Oh what a smile you have. I see you smile everyday. Be good in Heaven. Till we meet again, Love You.

Rita Sweeney - August 09, 2025 at 10:47 PM

YF

“ Your Wellpath Family purchased the Gracious Lavender Basket for the family of Sharon Kay Breen Coghlan.



Your Wellpath Family - August 08, 2025 at 01:15 PM



“ Gracious Lavender Basket was purchased for the family of Sharon Kay Breen Coghlan.



August 08, 2025 at 11:25 AM

KT

“ Sharon touched so many lives here at Rutland Place. She was such a special person with a beautiful soul and she will be truly missed. Heaven just got a little brighter!
- Karen Tucker

Karen Tucker - August 06, 2025 at 10:25 AM

JP

“ I will greatly miss our Friday drives to/from MJSAC. I always looked forward to our weekly chats. You will be greatly missed here at the Mt. Juliet Senior Activity Center. Thank you for saving me so many times! & Remember I still owe you a lunch so save me a seat at the banquet table! Rest dear friend
My deepest condolences to the family. With much Love, Jennifer Pinto

Jennifer Pinto - August 04, 2025 at 05:26 PM