



Nilmah Jane Trowbridge Cook

January 29, 1914 - October 4, 2022

Nilmah Jane Trowbridge Cook, otherwise known as Miss Cookie, died peacefully Tuesday, October 4th, 2022 after a full and inspiring lifetime of 108 years. She was born in 1914 in Chattanooga, Tennessee to Gilbert Trowbridge and Nancy Prince Trowbridge. The family moved to Nashville, Tennessee in 1917 where they eventually made their home in Inglewood. Nilmah attended Jere Baxter School and Isaac Litton High School. Prior to her death, she was the oldest known living graduate of Litton in the class of 1933. She married Garnett M. Cook, also of Nashville, who predeceased her in 1968. They had three sons, Clinton M. (Sharon) Cook, of Kingston Springs, Terry B. (Jeri) Cook of Ridgetop, and James G. Cook, who passed away earlier this year. She had three grandsons; Victor, Christopher, and Jason Cook; and a granddaughter, Teri Ann Cook Clay. There are two great-grandchildren, Caleb and Peyton Cook, and numerous extended family and dear friends. The family wishes to express their heartfelt appreciation to the staff at Brookdale Assisted Living in Goodlettsville for their excellent and compassionate care of our Mom the last 11 years of her life. We further express gratitude to Alive Hospice of Nashville, particularly nurses Gina, Teresa, and Candace, for their comforting guidance and support through her final days. Miss Cookie wished not to have a visitation or memorial service, but to be remembered with love and kindness to others. In lieu of flowers, we suggest donations to a charity of your choice.

Tribute Wall



“ Nilmah Jane Trowbridge Cook

October 14, 2022 at 08:02 PM



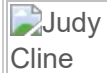
“ I'm so blessed to have been one of Cookie's caregivers over the last 6 months. I was always greeted with such a kind smile, hugs/kisses and sweet little hums. I always enjoyed combing through her hair just about as much as she loved me to do it. I will always carry the memories of her holding my pup Nya and listening to her call Nya her "little rascal" holding her hands and dancing while she sat in her chair and making sure she always had hot coffee to drink and plenty of refills to follow. Just to name a few memories I'll hold in my heart forever. She will be so so missed and she was very loved. Until we meet again Angel, I love you.

Shaylin Applegate - October 09, 2022 at 10:57 AM



“ I'll miss those afternoons in Ms. Cookie's room reading over her old letters and journals with her, and talking about another Nashville, a Nashville of 75-100 years ago. She was so able to revel in her memories and still enjoy and appreciate the cup of coffee or slice of lemon pie of today. She and Juanita and I had such adventures, riding around town on the Pink Bus for the Nash Trash tour, sightseeing at the Hermitage, wandering around the Spring Hill Cemetery, or just hanging out on her front porch. Such a good spirit! I'm so glad I knew her, and so glad she's at rest now.

Tiffy Barnett - October 06, 2022 at 02:48 PM



Judy
Cline

“ Speaking on behalf of the Isaac Litton Alumni Association, we were so pleased to get to know Ms. Cookie in her later years. She was a sweet, optimistic, and wise lady, and we are honored to call her a classmate. Many thanks to her son Terry and daughter-in-law Jeri who lovingly shared so much about Ms. Cookie's life with us so that we could get to know her better. We offer our deepest sympathies and condolences to your entire family. Judy (Butler) Cline

Judy Cline - October 05, 2022 at 06:08 PM