



## Mary Helen Williams

January 18, 1947 - May 1, 2024

Mary Helen Williams, 77, of Cottontown, passed away Wednesday, May 1, 2024, after almost 23 years of battling cancer.

Mary was a special education teacher for many years. She truly enjoyed teaching, whether it was in the classroom or visiting men in the prison system to help them continue to learn. She was constantly teaching her family things, sending them articles of interest or sharing exciting things happening in the world.

Mary loved. Mary loved teaching, helping, animals, nature, music and family. She loved helping and educating people, no matter how well she knew them. Mary was deeply in tune with nature, so much so that it seemed like she was almost talking to animals, even the wild ones. She enjoyed music, constantly discovering new music. And she loved her family so very much. Mary was her husband's biggest fan, and she constantly spoiled her baby girl.

She will be remembered as a strong, funny, feisty woman with the most beautiful smile. Mary was always a warrior, even after such a long battle and being in the hospital in pain, she would still greet people with a smile.

She is preceded in death by her parents, Walter and Helen Hug.

Mary is survived by her husband, Thomas Williams, and her daughter, Sally Williams Bissell (Brad).

Mary had chosen to be buried at Larkspur Conservation to align with her care of nature. Burial will take place Tuesday, May 28th at 10am.

What to expect at a natural burial:

Dress for an outdoor hike and wear appropriate shoes.

Use the restroom before you arrive, there is no public toilet or running water.

Carpool to Larkspur - parking is limited.

Plan to arrive 15 minutes ahead of time.

Family and friends will be welcomed at the trailhead by Larkspur staff and volunteers.

The casket or body will be in place at the graveside prior to the arrival of family and friends.

Family and friends will hike up the hill into the nature preserve for the burial ceremony.

Words are shared and the casket or body is lowered into the grave by family and friends.

With guidance the family and friends shovel soil into the grave until it is closed.

Hike away from the graveside and return to your vehicle or explore the preserve.

Leave no trash behind.

Cut flowers are welcome.

# Cemetery Details

## Larkspur Conservation

155 Bear Carr Road  
Westmoreland, TN 37186  
<https://larkspurconservation.org>

# Previous Events

## Natural Burial Service

**MAY 28.** 10:00 AM (CT)

Larkspur Conservation  
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Westmoreland, TN 37186  
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