



Lori Nash

August 15, 1961 - March 21, 2026

Lori Nash, beloved wife, mother, daughter, and grandmother, passed away peacefully on March 21, surrounded by love. Lori lived her life with strength, independence, and a quiet determination that defined everything she did. She was not someone who waited, hesitated, or asked for permission—she moved forward, always on her own terms.

In May 2023, after undergoing a nine-hour brain surgery, Lori did what she had always done—she got up and kept going. Just two days later, she walked herself out of the hospital to the car, and the following morning, she was up early, walking her beloved dog, Boo, for miles along the Beaufort, NC, waterfront. That was Lori. Resilient. Determined. Unwilling to be defined by circumstance.

She carried that same spirit through every part of her life. Lori found joy in movement, in the outdoors, and in the quiet routines that grounded her day. Her walks with Boo were more than a habit—they were a reflection of how she lived: steady, purposeful, and fully engaged.

Lori was deeply loved by her family. She is survived by her mother, Maryann; her brother, Barry; her sons, Logan (Ellie), Connor (Gina), and Quinn (Kenzie); and her cherished grandchildren, Theo and Sloane. She shared a life of enduring love and partnership with her husband, Ted, who stood beside her through every chapter.

Lori faced illness the same way she faced life—with resolve and dignity. She would not have wanted to be remembered for her illness, but for how she lived—strong, independent, and always moving forward.

She will be remembered for her strength, her spirit, and the way she chose to live fully, every single day.

Long live the Queen.

Tribute Wall

JC

“*Ted, Logan, Connor, and Quinn—our families shared such special times together all those years ago in East Lansing. From laying sod, bonfires by the firepit, to Halloween nights filled with homemade chili (and even a passing meteor), and countless evening of fun and parties—we created memories that will always stay with us.*

We'll forever keep a Bud Light in the window, just as we did back then—a simple sign that you and your family were, and still are, always welcome.

Lori will be deeply missed by all who were blessed to have known her. I truly believe her spirit will live on—through remembering her laughter, her humor, her voice—held tightly in the hearts of everyone she touched. She brought such energy, joy, and fun into every room.

We were so saddened to hear of her passing. I am sure she faced her illness with the same strength and determination that defined her—a true competitor and life force.

Bill and Julie

Julia Cawood - March 25 at 05:20 PM



Hi, Julie. Thanks so much for reaching out. Lori was diagnosed with glioblastoma in May 2023. She fought like hell as you might imagine and never slowed down through all of her treatments. The cancer continued to grow, however, and it brought her down in the last few months. I will get back to East Lansing and will look you up and look for that Bud Light in the window.

Ted

Ted Stank - April 01 at 01:27 PM

DM

“ Lori was a dear friend that I met in grade school, Christ King 3rd grade. She was a loving person and bright light.

My sincere condolences to the family.

*Derek Moore -
KHS '79*

Derek Moore - March 25 at 09:02 AM

DM

“ Derek Moore lit a candle in memory of Lori Nash



Derek Moore - March 25 at 08:52 AM

LO

“ League O. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Lori Nash.

League O. - March 25 at 08:11 AM

SF

“ Stephenie F. planted a grove of 5 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Lori Nash.

Stephenie F. - March 24 at 03:16 PM



“ A grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) was planted in honor of Lori Nash.

March 24 at 09:44 AM



“ Condolences and deepest sympathies extended to the family. You are all in our collective thoughts and prayers.
Kinston High School Class of 1979.

KHS '79 - March 22 at 06:37 PM