



Kal W Helou

February 21, 1944 - December 8, 2024

Kal Helou, 80, of Nashville, passed away on December 8, 2024.

Kal was many things to many people in life: a soldier, a lawyer, a scientist, and a teacher. But above all else, he was a devoted family-man and friend. He enjoyed life and always sought to enrich the lives of others. He never met a person he did not try to help with no expectation of credit, compensation, or favor in return. He was devout in his faith, the pursuit of knowledge, and protecting others at all costs and asking no price. He lived by his deeds as well as his words. And he would never pass on the chance to share a conversation over wine or cigars with those he loved.

He is preceded in death by his parents, Wadih and Zakieh Helou; And brother, Helmi Helou.

Kal is survived by his wife, Debbie Helou; Children, Marieka Helou (Brice Arbuckle) and Lee Helou (Diane Brown-Helou); Grandchildren, Keegan Arbuckle, Evaline Arbuckle, Jack Helou, and Kallie Helou; And siblings, Waleed Helou, Nabeel Helou, and Salwa Almokarrab.

Please raise a glass to his memory, may it be eternal. For his funeral, a small family gathering is planned and in lieu of flowers, they ask you to consider a donation to Homes for Our Troops at www.hfotusa.org or another charitable cause of your choosing.